

ALTONA AQUATIC CENTRE

SWIMMING LESSONS 2008

Session #1 - June 16 - 27

Duck (Aqua Tots)	6:00		
Sea Turtle	4:30	5:45	6:15
Salamander/ Sunfish	4:30	5:30	6:15
Crocodile	5:15		
Level 1	4:00	5:00	
Level 2	4:00	5:00	
Level 3	5:15	6:15	
Level 4	5:30	6:15	
Level 5	5:00	5:30	
Level 6	4:45	5:45	
Level 7	4:45	5:45	
Level 8	4:00		
Level 9	4:00		
Level 10	4:00		

Session #2 - June 30 - July 11

Duck (AquaTots)	12:15		
Sea Turtle	10:00	11:45	12:15
Salamander/ Sunfish	10:30	11:30	12:45
Crocodile	10:45	12:00	
Level 1	10:00	11:00	
Level 2	10:15	11:15	
Level 3	10:45	12:00	12:45
Level 4	10:00	11:15	
Level 5	10:45	11:30	
Level 6	10:30	11:15	
Level 7	10:00	11:15	
Level 8	10:00		
Level 9	9:00		
Level 10	9:00		
Aqua Adults	12:00		

Session #3 - July 14 - 25

Duck (AquaTots)	10:00	12:15	
Sea Turtle	10:00	11:00	12:00
Salamander/ Sunfish	10:30	12:45	
Crocodile	11:30	12:15	
Level 1	10:45	11:30	12:30
Level 2	10:15	11:00	12:00
Level 3	10:45	12:00	12:45
Level 4	10:00	11:15	
Level 5	10:45	11:30	12:30
Level 6	10:30	11:15	
Level 7	10:00	11:15	
Level 8	10:00	12:00	
Level 9	9:00		
Level 10	9:00		

Session #4 - July 28 - Aug. 8

Duck (Aqua Tots)	12:15		
Sea Turtle	10:00	11:15	12:15
Salamander/ Sunfish	10:45	11:45	
Crocodile	10:00		
Level 1	10:15	11:15	
Level 2	10:30	12:45	
Level 3	10:45	12:00	12:45
Level 4	10:00	11:15	12:15
Level 5	10:45	11:45	
Level 6	10:30	11:15	
Level 7	10:00		
Level 8	10:00		
Level 9	9:00		
Level 10	9:00		

Session #5 - Aug. 11 - 22

Duck (AquaTots)	11:15		
Sea Turtle	10:00	12:15	
Salamander/ Sunfish	11:00	12:45	
Crocodile	10:30		
Level 1	10:30	11:45	
Level 2	10:00	12:00	
Level 3	11:00	11:45	
Level 4	10:30	11:30	
Level 5	10:00	10:45	
Level 6	11:00		
Level 7	10:00		
Level 8	10:00		
Level 9	9:00		
Level 10	9:00		
Aqua Adults	12:00		

Bronze Medallion/Cross

June 30 - July 18

8:00 a.m. - 9:30 a.m.

July 21 - Aug. 8

8:00 a.m. - 9:30 a.m.

FEES:

- Duck - Level 5 (30 min.) **\$47.50**
 - Level 6 - 8 (45 min.) **\$52.50**
 - Level 9 - 10 (60 min.) **\$57.50**
 - Family Lesson Pass **\$183.50**
 - Adult Lesson (30 min.) **\$47.50**
 - Adult Lesson (60 min.) **\$57.50**
 - Bronze Lessons **\$94.50**
- + manual

*All classes run
Monday to Friday Only.*

Red Cross Swim - Pre-school Levels

Children under the age of 6 are to register in the pre-school levels. This program is designed to build a strong foundation for young swimmers and will act as the basis for the swimming strokes taught in the **Red Cross Swim Kids** program.

The levels are fun and action packed with a focus on fitness and games adapted to these age groups.

We encourage children as young as 2 years of age to enroll in this program!

The following chart is a guide for parents registering children under the age of 6 in the preschool levels.

Placement Chart - Children ages 2-5

Pre-school Program 2007	Pre-school Program 2008
Duck (child and caregiver), completed	Sea Turtle
Never taken lessons before	Sea Turtle
Sea Turtle, in-completed	Sea Turtle
Sea Turtle, completed	Salamander
Salamander, in-completed	Salamander
Salamander, completed	Sunfish
Sunfish, completed	Crocodile

Children turning 6 in this calendar year are to transfer into the SwimKids levels.

The following chart is a guide to aid parents in placing 6-year-old children in the correct level of SwimKids.

Placement Chart - Children turning 6 in 2008

Pre-school Program	SwimKids Program
Sea Turtle, completed or in-completed	Level 1
Salamander, in-completed	Level 1
Salamander, completed	Level 2

REGISTRATION:

May 14 - 5 to 8 p.m.

Altona Recreation Office (M.E.C))

On this **first night of registration** there will be only 1 station to accept credit card & Interact Payments. Payment in cash or cheque on this evening will expedite your registration.

May 15 - June 13 8:30 a.m. - 5 p.m.

Altona Recreation Office (M.E.C))

June 14 - Rest of Summer

Altona Aquatic Centre Hours - Altona Aquatic Centre

ALL registrations must be accompanied by payment in full by cash, cheque, debit, Visa or MasterCard.

STARTING ON MAY 15 YOU MAY REGISTER OVER THE PHONE WITH YOUR CREDIT CARD.

CLASSES WITH LESS THAN 5 PARTICIPANTS MAY BE SUBJECT TO RE-SCHEDULING!



For more info. about any of these programs or events call the rec office @ 324-9005